



St Martin-in-the-Fields High School for Girls

11-19 Church of England Academy Founded 1699

Service Compassion Justice Perseverance

Tuesday 20 October 2020

Confirmed Covid-19 Case

Dear Families

Further to my letter of Wednesday 14 October 2020 when I informed you that a Year 7 student was tested positive for COVID-19. I am writing to advise you that two further Year 7 students have tested positive.

Year 7 students have been self isolating for 14 days since last week (a reminder the 14 days begin from the point of last contact with a confirmed case). This letter is for information, if your child is a contact of the two confirmed cases, we will inform you in a separate letter.

The advice that we received from Public Health which I outlined in my previous letter remains the same and Year 7 students should continue to self isolate. The last date of isolation is **Thursday 22 October**, Please ensure that your child does not leave the house until **Friday 23 October**. As school closes to all students for half term on **Wednesday 21 October**, we will see your daughter back on **Monday 2 November 2020**.

Students will have access to their learning remotely via Google Classroom.

As you know, St Martin's has rigorous systems to protect staff and students in line with DfE guidance. However, despite all the processes that have been put in place, schools are a reflection of the current covid picture nationally, so transmission in school remains a possibility.

Thank you for being vigilant and please inform us if your child is unwell or indeed is tested positive for coronavirus. This enables us to respond quickly and manage the process of confirmed cases to ensure the health, safety and wellbeing of the school community.

What to do if your child develops symptoms of COVID 19

A reminder that if your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via [Get a free NHS test to check if you have coronavirus \(COVID-19\)](#) or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: [Stay at home: guidance for households with possible or confirmed coronavirus \(COVID-19\) infection](#)

The 14 day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home. Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

Should you require help with buying groceries, other shopping or picking up medication, or walking a pet, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

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WITH LOVE AND LEARNING



If you are able to do so, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period. It is understood that this will not be possible for many families.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

Please remember that for most people, particularly young people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at: [Check if you or your child has coronavirus \(COVID-19\) symptoms](#). If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

Do

- wash your hands with soap and water often; do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Thank you for your ongoing support. We will continue to update with any further developments.

Yours sincerely



Beverley Stanislaus
Headteacher